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FOREX

Symbols	Daylight Savings 13/03/22 - 27/03/22 GMT+2	27/03/22 and 06/11/22 GMT +2
All FX pairs	Mon-Thu 00:00 - 24:00, Thu - Fri 00:00-23:00	Mon-Fri 00:00-24:00

US SHARES

Symbols	Daylight Savings 13/03/22 - 27/03/22 GMT+2	27/03/22 and 06/11/22 GMT +2
All US SHARES	Mon-Fri 15:30-22:00	Mon-Fri 16:30-23:00

EU SHARES

Symbols	Daylight Savings 13/03/22 - 27/03/22 GMT+2	27/03/22 and 06/11/22 GMT +2
All EU SHARES	Mon-Fri 10:00-18:30	Mon-Fri 10:00-18:30

ETFs

Symbols	Daylight Savings 13/03/22 - 27/03/22 GMT+2	27/03/22 and 06/11/22 GMT +2
All ETFs	Mon-Fri 15:35-21:55	Mon-Fri 16:35-22:55

Cryptos

Symbols	Daylight Savings 13/03/22 - 27/03/22 GMT+2	27/03/22 and 06/11/22 GMT +2
All Cryptos	Sun-Sat 00:00-24:00	Sun-Sat 00:00-24:00

INDICES

Instrument Name	Symbols	Daylight Savings 13/03/22 - 27/03/22 GMT+2	27/03/22 and 06/11/22 GMT +2
Australia 200 Cash Index	AUS200.i	Mon-Fri 00:00-06:30, 7:10-21:00	Mon-Fri 00:50-07:30, 8:10-22:00
The Dow Jones Industrial Average	DJ30.i	Mon-Fri 00:00-23:00	Mon-Fri 01:00-24:00
Deutsche Boerse AG German Stock Index	DAX30.i	Mon-Fri 09:00-23:00	Mon-Fri 09:00-23:00
Spain 35 Cash Index	ES35.i	Mon-Fri 09:00-21:00	Mon-Fri 09:00-21:00
Hang Seng China 50 Index	HK50.i	Mon-Fri 02:15-05:00, 06:00-9:30, 10:15-18:00	Mon-Fri 03:15-06:00, 07:00-10:30, 11:15-19:00
France 40 Cash Index	F40.i	Mon-Fri 09:00-23:00	Mon-Fri 09:00-23:00
Japan 225 Index	JP225.i	Mon-Fri 00:00-23:00	Mon-Fri 01:00-24:00
Netherlands 25 Cash Index	N25.i	Mon-Fri 09:00-23:00	Mon-Fri 09:00-23:00
Nasdaq 100 Index	NASDAQ100.i	Mon-Fri 00:00-23:00	Mon-Fri 01:00-24:00
Euro 50 Cash Index	STOXX50.i	Mon-Fri 09:00-23:00	Mon-Fri 09:00-23:00
Switzerland 20 Cash index	SWI20.i	Mon-Fri 09:00-23:00	Mon-Fri 09:00-23:00
Financial Times Stock Exchange 100 Index	UK100.i	Mon-Fri 01:00-23:15	Mon-Fri 01:00-23:15
Standard & Poor's 500 Index	SPX500.i	Mon-Fri 00:00-23:00	Mon-Fri 01:00-24:00
Hong Kong China H-shares - Cash	HSCE.i	Mon-Fri 02:15-05:00, 06:00-9:30, 10:15-18:00	Mon-Fri 03:15-06:00, 07:00-10:30, 11:15-19:00
South Africa 40 - Cash	JSE40.i	Mon-Fri 07:30-16:30	Mon-Fri 08:30-17:30
Norway 25 - Cash	OBX25.i	Mon-Fri 10:00-17:20	Mon-Fri 10:00-17:20
Canada 60 - Cash	TSE60.i	Mon-Fri 15:30-22:15	Mon-Fri 16:30-23:15
Deutsche Boerse AG German Stock Index	DAX40.i	Mon-Fri 09:00-23:00	Mon-Fri 09:00-23:00

Metals

Instrument Name	Symbols	Daylight Savings 13/03/22 - 27/03/22 GMT+2	27/03/22 and 06/11/22 GMT +2
Gold vs US Dollar (100 oz)	GOLD	Mon-Fri 00:00-23:00	Mon-Fri 01:00-24:00
Silver vs US Dollar (500 oz)	SILVER	Mon-Fri 00:00-23:00	Mon-Fri 01:00-24:00
Silver vs Euro (500 oz)	XAGEUR	Mon-Fri 00:00-23:00	Mon-Fri 01:00-24:00
Gold vs US Dollar (500 oz)	XAUUSD	Mon-Fri 00:00-23:00	Mon-Fri 01:00-24:00
Gold vs Euro (100 oz)	XAUEUR	Mon-Fri 00:00-23:00	Mon-Fri 01:00-24:00
Palladium vs US Dollar	XPDUSD	Mon-Fri 10:45-19:30	Mon-Fri 11:45-20:30
Platinum vs US Dollar	XPTUSD	Mon-Fri 00:00-22:50	Mon-Fri 01:00-23:50
Copper - Cash	XCUUSD	Mon-Fri 00:00-23:00	Mon-Fri 01:00-24:00
Silver vs US Dollar	XAGUSD	Mon-Fri 00:00-23:00	Mon-Fri 01:00-24:00

Commodities

Instrument Name	Symbols	Daylight Savings 13/03/22 - 27/03/22 GMT+2	27/03/22 and 06/11/22 GMT +2
Cocoa Bulk Bean (UK) - Cash	LCC.z	Mon-Fri 10:30-17:55	Mon-Fri 11:30-18:55
Coffee Arabica - Cash	KC.z	Mon-Fri 10:15-19:30	Mon-Fri 11:15-20:30
Coffee Robusta - Cash	LRC.z	Mon-Fri 10:00-18:30	Mon-Fri 11:00-19:30
Cotton - Cash	CT.z	Mon-Fri 03:00-20:20	Mon-Fri 04:00-21:20
Low Sulphur Gasoil - Cash	LGO.z	Mon-Fri 02:00-23:00	Mon-Fri 03:00-24:00
Orange Juice - Cash	OJ.z	Mon-Fri 14:00-20:00	Mon-Fri 15:00-21:00
Sugar Raw - Cash	SB.z	Mon-Fri 09:30-19:00	Mon-Fri 10:30-20:00
Sugar White - Cash	LSU.z	Mon-Fri 09:45-18:45	Mon-Fri 10:45-19:45
US Cocoa - Cash	CC.z	Mon-Fri 10:35-19:30	Mon-Fri 11:35-20:30
Crude Oil Spot	#CL.f	Mon-Fri 00:00-23:00	Mon-Fri 01:00-24:00
Natural Gas Spot	#NG.f	Mon-Fri 00:00-23:00	Mon-Fri 01:00-24:00